

Front Page

Wait...does this research involve the VA?

Yes No *Is this study funded, in whole or in part, by the VA?

Yes No *Are any research procedures performed on VA property, with VA patients, or using VA equipment/resources?

Yes No *Will any study personnel be working on VA time for this study?

A. Review Dates

*Date of Initial Submission: 29-Oct-2012

*Version Date: 29-Oct-2012

B. Project Information

Protocol Number: 12-1149

Project Title:

Evaluation of the incidence of hyperkalemia in patients prescribed spironolactone for the treatment of resistant hypertension

Disease/Condition/Topic studied: Hyperkalemia in resistant hypertension

If you are completing this form to request the use of an HUD or Treatment IND throughout this form answer the questions as if the word "research" is replaced by "Use of Device or Drug".

▼ Chomicki, Jacqueline Rose

1) List Personnel

Name

Chomicki, Jacqueline Rose

Primary Investigator

Start Date

05-Sep-2012

End Date

Role

PI

Certifications

Certification	Begin	End
HIPAA Research Course	06-Sep-2012	31-Dec-2030
CITI Human Subjects Protection	01-Aug-2012	01-Aug-2015

Leave End Date Blank

[Instructions for Completing this page](#)

▼ Klem, Patrick

1) List Personnel

Name

Klem, Patrick

Primary Investigator

Start Date

05-Sep-2012

End Date

Role

Faculty Advisor

Certifications

Certification	Begin	End
CITI Human Subjects Protection	11-Nov-2009	11-Nov-2012
CITI Human Subjects Protection	18-Oct-2006	
HIPAA Research Course	15-Oct-2004	

Leave End Date Blank

[Instructions for Completing this page](#)

▼ MARRS, Joel C

1) List Personnel

Name

MARRS, Joel C

Primary Investigator

Start Date

05-Sep-2012

End Date

Role

Co-Inv

Certifications

Certification	Begin	End
HIPAA Research Course	28-Oct-2009	
HIPAA Research Course	11-Aug-2005	
CITI Human Subjects Protection	02-Nov-2009	
CITI Human Subjects Protection	10-Aug-2005	

Leave End Date Blank

[Instructions for Completing this page](#)

Faculty Mentor

*2) Are you a student or trainee, or are you doing this research to complete an educational requirement? Yes No

*a. Who is your faculty mentor (required)? Patrick Klem _____

*b. Mentor's Department/Division: UCH Department of Pharmacy _____

Faculty mentor must appear under personnel section above

Contact Information

Providing accessible contact numbers can help expedite your review in case of questions.

*3) PI Office Phone: 720-848-6879

4) PI Cell Phone/Pager 303-266-0122

*5) Primary Contact Phone: 913-205-6712

*Name: Jacqueline Chomicki _____

6) Best contact for scientific questions:

a. Phone: _____

b. Name: _____

*7) Faculty Advisor/Mentor Phone: 720-848-2278

D. Type of Review being Requested

*Type of review being requested: Expedited

*Complete (F) -- [Attachment F: Expedited Research](#) Complete

E. Funding

*1) Do you have any funding for this study? Yes No

F. Performance Sites

*1) Is this a multi-site study? Yes No

*2) Is the PI responsible for any data, samples or research procedures collected or conducted outside of the USA? Yes No

Section F(a): Affiliate Performance Sites

3) Will any of the following Affiliates be utilized as sites for this research?

Yes No *a. University of Colorado Hospital

Yes No b. Veteran's Administration Hospital (ECHCS)

Yes No *c. Is any Investigator employed by the VA?

Yes No *d. Denver Health and Hospitals

Yes No *e. Is any Investigator employed by Denver Health and Hospitals?

Yes No *f. Children's Hospital Colorado

Yes No *g. Anschutz Medical Campus

Yes No *h. Downtown Denver Campus

Yes No *i. Colorado Prevention Center

[Definition of Affiliate](#)

Section F(b): Non-Affiliated Performance Sites

*Does this study involve other Non-Affiliated sites? Yes No

[Definition of Non-Affiliate](#)

Section F(c): COMIRB Requested Attachments



For the billing forms below, click on the Form Link to download the form and click SAVE to save the document to your local computer. Complete the form and then attach the completed form to this application. Both of these forms may also be found on the [COMIRB Website](#)

[Billing Information Form](#)  

[Fee Waiver Request](#) 

Include a copy of the Protocol with this Submission by clicking the link:
'[Add Institution Forms/Supporting Documents](#)' on the
[Components for Initial Application](#) page.

Section F (d): UCH Requested Attachments

*Preliminary Budget or Budget Template  

Contact Phone Number

PI Office Phone: _____

[Instructions for Completing this page](#)

PI Cell Phone: _____

Primarcy Contact Phone: _____

Faculty Advisor/Mentor (if applicable) Phone: _____

G. Description of Study

*1) Summary in lay terms: Provide a brief statement describing the research project in 8th Grade Language. This section should include the study aims and rationale, and a brief overview of how you will answer the research questions. (Approx. 1 paragraph)

This study aims to:

1. Determine the incidence of high potassium in patients prescribed spironolactone for the treatment of high blood pressure that cannot be controlled with three or more medications.

2. Identify patient specific factors associated with an increased risk of developing high potassium levels.

Successful completion of this study will offer insight into the development of appropriate use guidelines for spironolactone in the management of high blood pressure resistant to treatment at the University of Colorado Hospital (UCH).

This is a retrospective, observational study of patients at UCH from January 2011 to June 2012. Data previously documented in the medical record as a part of clinical care at UCH in the ambulatory setting will be recorded from baseline (pre initiation of spironolactone) and post initiation. Data collection will be completed using electronic medical records (EMR).

Please note: A separate protocol document must be submitted in addition to this Application form. See the COMIRB protocol template on the COMIRB website for the suggested format. Please upload your protocol separately.

2) Are there special review considerations?

Yes No *a. Will this project need CTRC Review (Clinical Translational Research Center)?

Yes No *b. Is this an Oncology or Cancer Center Project? (Protocol Review & Monitoring Committee)

Yes No *c. Would you like this study reviewed by the Social/Behavioral panel?

Yes No *d. Does the composition of the drug involve human gene transfer or recombinant DNA?

Yes No *e. Does the protocol involve the use of radioactive drugs or materials not under an IND (including PET scans, VQ scans, etc.) for research purposes only?

Yes No *f. Does the protocol involve the administration of therapeutic radiation doses, using sealed sources, for research purposes only?

H. Human Subjects

[Instructions for Completing this page](#)

1) Age Range of subjects to be enrolled:

* (lower limit) 18 _____ 89 _____ * (upper limit)

Both upper & lower age limits are required

*2) Total Number of Subjects For All Sites: Up to 500 _____

*3) Total Number of Local Subjects: Up to 500 _____

Local enrollment number reflects the maximum number of subjects to be consented by the local investigators. If a chart review, local enrollment number should reflect the maximum number of charts to be reviewed by local investigators, regardless of where they originate. For single-site studies, total and local enrollment numbers should be the same.

*4) Is the enrollment limited on the basis of gender, race or ethnicity? Yes No

*5) Inclusion Criteria:

Define the characteristics of the population to be included in the study (must match protocol)

Patients at the University of Colorado Hospital from January 1, 2011 through June 30, 2012 who were exposed to spironolactone and prescribed ≥ 3 antihypertensives who have not achieved individual blood pressure goal

*6) Exclusion Criteria:

Define the characteristics of the Population(s) to be excluded. I nclude age < 18, prisoners, pregnant women, and decisionally challenged subjects, unless you check "yes" for the appropriate population in the Vulnerable Populations section below.

Patients less than 18 years of age or greater than 89 years of age, pregnant women, prisoners, patients with active diagnosis of heart failure or liver disease

Vulnerable Populations

[Instructions for Completing this page](#)

7) Inclusion of Vulnerable Populations: (check all that apply)

These vulnerable populations cannot be enrolled into a study without prior IRB approval. Will any of these populations be enrolled into the study?

Yes No *a. Children (under age 18)?

Yes No *b. Wards of the state?

Yes No *c. Neonates (Birth to 30 days)?

Yes No *d. Prisoners or those on probation/alternative sentencing?

Yes No *e. Pregnant Women / Fetuses?

*f. Decisionally challenged?

Yes No (Cognitively impaired, incompetent to consent, proxy, consenting in life threatening situations)

Attachment J must also be completed if the study intends to follow women who become pregnant during the study.

TARGETED Recruitment

8) Are any of the following populations being TARGETED for recruitment?

Yes No *a. Poor/uninsured

Yes No *b. Nursing home residents

Yes No *c. Students of PI or study staff

Yes No *d. Students to be recruited in their educational setting

Yes No *e. Employees directly under the supervision of PI or co-investigator

Yes No *f. People engaged in illegal activities and/or illegal immigrants

Yes No *g. People with Post Traumatic Stress Disorder (PTSD)

Yes No *h. People with Traumatic Brain Injury (TBI)

Yes No *i. Terminally Ill Patients

Yes No *j. People with mental illness or learning disabilities

Yes No *k. Others vulnerable to coercion

I. Procedures

[Instructions for Completing this page](#)

*1) Duration of study procedures for each subject: N/A _____

*2) Are all study procedures for local site(s) accurately described in the protocol?

Yes No

*3) Does this research involve the delivery of health care? Yes No

*6) Are any additional materials used with subjects (questionnaires, interview guides, informational, diaries)?
Not Applicable

Special Procedures

7) Indicate if any of these procedures are relevant to the study:

Yes No *a. Are any Drugs, Biologics or Supplements being prescribed to subjects as part of the research study? (i.e. will the risks of these items be listed in the Consent?)

Yes No *b. Are any Devices being used for research only procedures? (i.e. will the risks of the device be listed in the Consent?)

Yes No *c. Will the internet be used to collect research data? (e.g. Tests, Surveys, Chat Room, etc.)

Yes No *d. Will you create a database for future recruitment?

Yes No *e. Will Genetic Testing be involved with this study?

Yes No *f. Will Biological samples such as urine, sputum, or blood be collected for use in this study?

Yes No *g. Will data and/or biological specimens be stored (banked) for future unspecified research questions?

Yes No *h. Are daycares to grade 12 schools being used as a setting for the research?

J. Potential Risks to subjects

*1) Do you view the risk of this study as minimal? Yes No

Note: the committee may disagree

*a. Justify this determination:

Because this study involves a retrospective review of patients prescribed spironolactone for the treatment of resistant hypertension, it meets the criteria for minimal risk and will not adversely affect the rights of subjects. This qualifies it for HIPAA and consent waivers. There will be no intervention performed on patients and no patient-specific identifiers will be present in any publication or presentation of the data.

*2) Describe the anticipated risks of the research:

[list risks in order of likelihood and magnitude (very common, common, uncommon, rare but serious)]

The only potential risk is the violation of patients' HIPAA rights by unanticipated disclosure of confidential patient information. The risk of this is rare and would be of small magnitude. In the unlikely circumstance where the primary investigator identifies a concerning laboratory value, such as hyperkalemia that did not have appropriate follow-up, the primary investigator will refer to prescribing physician.

*3) Describe the plan to minimize risk:

(use procedures that are standard of care where possible)

Study patients will be assigned unique study identification number. Only the investigators will have access to the data. The electronic database will be stored on the University of Colorado Hospital (UCH) server which has restricted access. The IT department of UCH periodically backs up the UCH server. Only the primary investigator's computer will be used to store data. The computer is password protected. Analyses will be performed only by members of the research team. Responsibility and accountability for the security and confidentiality of the data will lie with the primary investigator during the collection, analysis, and storage phases of the project.

* 4) Is it possible that the research team may be made aware of certain incidents/diseases that are reportable to state authorities?

Yes No

5) Describe the Potential Benefits

* Describe the potential benefits of the study:

The investigators believe the results of the study will help identify patient specific factors associated with an increased risk of developing hyperkalemia. This information will be useful in the development of appropriate use guidelines for spironolactone for the treatment of resistant hypertension at UCH. The investigators believe the guidelines could be generalized to other academic institutions.

Risk/Benefit Analysis:

[Instructions for Completing this page](#)

6) Describe why the risk to subjects are reasonable in relation to the anticipated benefits to participants and/or society, and in relation to the importance of the knowledge that may reasonably be expected to result, thereby falling in favor of performing the study:

*a. To Participant:

The risks to those patients whose medical information are reviewed will be minimal. Due to this study being a retrospective review, no patients will be recruited and no interventions will be performed outside of the clinical care provided at UCH during January 1, 2011 through June 30, 2012. The only potential risk to patients is compromising their HIPAA rights if the data should become compromised (of which the risk is minimal). There are no monetary or direct clinical benefits to the participants involved in this study.

*b. To Society:

The purpose of this study is to evaluate the incidence of hyperkalemia **(defined as serum potassium \geq 5.5 mmol/L) associated with** spironolactone for the treatment of resistant hypertension. Successful completion of this study will offer insight into the development of appropriate use guidelines for spironolactone in the management of resistant hypertension at UCH, and potentially, other academic institutions.

*c. Justify the importance of the knowledge gained:

The study will add to the literature to help support the importance of monitoring serum potassium and identifying patient specific factors associated with increased risk of hyperkalemia to prevent hyperkalemia-associated adverse events.

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K. Recruitment Methods---

* 1) Will subjects be recruited for this study? No (secondary data or sample use only)

L. Informed Consent

*1) Will subjects be screened prior to consent (e.g., phone screening)? No

*2) Will subjects provide information about other identifiable persons such as relatives or friends (secondary subjects)? Not Applicable

*3) Are you using any level of Deception? No

*4) Will a signed and dated copy of the consent form be provided to the subject?

Yes No

*a. If NO, please explain:

We will request the Colorado Multi-Institutional Review Board (COMIRB) waive the requirement to obtain or to include all elements of informed consent.

*5) Will consent be obtained prior to any research procedures being done? Yes No

*a. If NO, please explain:

We will request the Colorado Multi-Institutional Review Board (COMIRB) waive the requirement to obtain or to include all elements of informed consent. The study involves minimal risk to the subjects. Additionally, the research involves material (laboratory data, electronic medical records) that have already been collected and documented for non-research purposes. The waiver of consent will not adversely affect the rights and welfares of the subjects. The research will be difficult to perform without the waiver of consent.

Based on your answers above, Waiver of Consent, or Waiver of Documentation of Consent, MUST be requested for these activities (see next section).

Waiver of Consent / Waiver of Documentation of Consent

[Instructions for Completing this page](#)

*6) Is a Waiver of Consent or a Waiver of Documentation of Consent being requested?

Yes No

*If YES, describe which group or portion of study:

A waiver of consent is requested for all patients and all portions of this study.

*Complete (M) -- [Attachment M: Waiver of Consent Request](#) Complete

Consent Process

All studies must either have a consent process or waive consent completely. Note that studies using deception or a waiver of documentation of consent still have a consent process of some kind. For the next question, answer no only if you are requesting a full waiver of consent. Otherwise, answer yes and provide details of the consent process used in this study in the subsequent questions.

*7) Does this study have a consent process? Yes No

M. Privacy and Confidentiality during Study Procedures

[Instructions for Completing this page](#)

Privacy - refers to persons and their interest in controlling the access of others to themselves.

*1) Will the PI/research team interact with subjects to collect information?

Yes No

*2) Could association with the research be considered stigmatizing or damaging to the subjects financial standing, employability, or reputation?

(e.g. STD/HIV clinic, Substance abuse rehabilitation center)

Yes No

Confidentiality

*3) Is any of the following personal information is collected as research data? Yes No

- Name/Initials
- Address
- Telephone/Fax Number
- E-Mail Address
- Social Security #
- Medical Record/Health Plan/Ascension Number

*a. Indicate which information and explain why this information is necessary to conduct the research:

Patient medical record numbers will be recorded and assigned to unique study identification numbers in order to protect personal information throughout the course of the study. It is necessary to collect this information to identify patients who were prescribed spironolactone for the management of resistant hypertension from January 1, 2011 through June 30, 2012.

*4) Will personal information elements be stored separately from other research data? Yes No

*5) Will personal information be available to anyone other than research personnel?

Yes No

*6) Will any study data about an individual, group, or institution be considered sensitive?

Yes No

N. HIPAA

- *1) Do HIPAA regulations apply to this research?
(i.e. covered entity accessing, using or disclosing PHI) Yes No

Access/Disclosure

[Instructions for Completing this page](#)

2) How are you accessing PHI under HIPAA regulations (i.e. what authorizations are in place)?

- Yes No *a. Treatment relationship (i.e. for clinical purposes)
 Yes No *b. HIPAA authorization
 Yes No *c. HIPAA Waiver * Complete (O): [Attachment O: HIPAA Waiver](#) Complete
 Yes No *d. Data Use Agreement
 Yes No *e. Business Associate Agreement
 Yes No *f. Other

- *3) Will PHI be disclosed outside the covered entity? Yes No

4) What authorization(s) is (are) in place for the use and disclosure of the PHI collected?

- Yes No *HIPAA B Authorization
 Yes No *N/A - HIPAA waiver requested
 Yes No *Data Use Agreement
 Yes No *Business Associate Agreement

5) Will a signed and dated copy of the HIPAA B form be provided to the subject?

- Yes No *a. Yes
 Yes No *b. N/A - combined consent/HIPAA document used
 Yes No *c. No - waiver of consent (or waiver of documentation of consent) precludes HIPAA authorization
 Yes No *d. No - requesting HIPAA waiver

O. Data Management and Security Plan

Electronic Data

- *1) Will data be stored in ELECTRONIC format? Yes No

*a. Describe the system/application(s) used for the collection, storage, and management of data:
(e.g. Access, electronic CRF, Red Cap)

Collection: EPIC 2010 IU 6 at University of Colorado Hospital
 Storage: Microsoft Excel database (Microsoft, Seattle, WA)
 Management: Data will be stored on a protected shared drive.

2) Describe where the primary data set will be located:

- Yes No *a. Secure server:

i. Describe Server:

The primary data set will be stored on the UCH server which has restricted access. Only the primary investigator's computer will be used to store data. The computer is password protected. The IT department of UCH periodically backs up the UCH server.

- Yes No *b. Local Hard Drive:
 Yes No *c. Data are transmitted directly to sponsor/funder site:
 Yes No *d. REDCap data storage

3) How will this data be protected?

- Yes No *a. Encrypted
 Yes No *b. Part 11 (FDA) compliant
 Yes No *c. Restricted Access

Note: No UCD servers are Part 11 compliant

*i. If restricted access, who will have access to the data?

Only the primary investigator will have access to the data. The data will be stored on the primary investigator's computer, which is password protected.

*4) Is removal of identifiable data from the department restricted? Yes No

*5) Will identifiable data be stored on a mobile device? Yes No

*6) Will additional copies of identifiable data be created? Yes No

*7) Will data be backed up? Yes No

*a. If YES, describe location and security

The primary data will be stored on the University of Colorado Hospital (UCH) server which has restricted access. Only the primary investigator's computer will be used to store data. The computer is password protected. The IT department of UCH periodically backs up the UCH server.

*8) Will media used for backup be stored off-site? Yes No

*9) Will the system/application be accessible via the internet?
(other than e-CRF transmission to Sponsor) Yes No

Audio Recordings, Video Tapes, Digital Videos, and Photographs

[Instructions for Completing this page](#)

Audio Recordings

*10) Will data be collected as Audio Recordings or Digital Audio? Yes No

Video Recordings

*11) Will data be collected as Video Tape or Digital Video? Yes No

Photographs

*12) Will data be collected as Photographs or Digital Photo? Yes No

Paper Data

[Instructions for Completing this page](#)

*13) Will data be stored in paper format?

[Remember this includes consent and HIPAA documents] Yes No

Data Destruction Plan

*14) Is there a plan to destroy study data? Yes No

Yes No *a. HIPAA regulations: 7 years after IRB acknowledgement of study closure.

Yes No *b. NIH regulations: >3 years from the date the Final Financial Status Report is submitted.

Yes No *c. FDA regulations involving drugs: 2 years following the date a marketing application is approved (or per sponsor requirements which may be longer)

Yes No *d. FDA regulations involving devices: 2 years following the approval for marketing (or per sponsor requirements which may be longer)

Yes No *e. VA regulations: Cannot destroy records following closure of the study

Yes No *f. Other Agency Criteria

P. Data and Safety Monitoring Plan

Unanticipated Problems (UAPs), required monitoring and reporting

All studies have potential unanticipated problems (at minimum, breach of confidentiality is a reportable UAP). This includes any "unanticipated event" or any "unexpected adverse event that is at least probably related to the research." All UAPs must be reported in accordance with current COMIRB policy using the electronic forms available on protocol manager.

*1) Describe who will monitor for unanticipated problems of local subjects:

Breach of confidentiality will be monitored by the PI.

*2) Confirm that all unanticipated problems will be reported to COMIRB within 5 days:

Safety Monitoring

[Instructions for Completing this page](#)

3) Will the PI be responsible for ongoing review of local adverse events and serious adverse events (physical or psychological harms to subjects)?

N/A (study does not involve physical/psychological harms)

4) To what external entities will local adverse events be reported?

Yes No *a. Sponsor

Yes No *b. Coordinating Center/Lead Site

Yes No *c. FDA

Yes No *d. None

Yes No *e. Other

*5) Will periodic review of safety and adverse events (SAE's and AE's) across all sites occur?

Yes No

Additional Protections

*6) Will an Interim Analysis be performed? Yes No

*7) Are there any protocol/study stopping rules? Yes No

*8) Are there defined participant discontinuation criteria? Yes No

Q. Resources for Conducting the Research

[Instructions for Completing this page](#)

COMIRB wants to ensure that the PI has the resources to conduct a safe and compliant study.

*1) Are there any factors that limit the feasibility of this study? (e.g. limited populations, competing resources, other studies, etc.)
 Yes No

*2) Describe the facilities available for the research:
Electronic data will be gathered from the University of Colorado Hospital. Data analysis will be performed at the PI's office, located in the Leprino Building of the University of Colorado Hospital.

*3) Describe resources available to conduct the research (e.g. support staff, time, funding, etc.):
The PI has adequate time during her residency to complete this project.

4) What resources are available at performance sites to treat emergencies resulting from study-related procedures? (Check All that Apply)

- Yes No *a. Not Applicable
- Yes No *b. Basic Life Support (BLS) trained personnel
- Yes No *c. Advanced Cardiac Life Support (ACLS) trained personnel and crash cart
- Yes No *d. Emergency drugs/supplies to stabilize subject until emergency personnel arrive
- Yes No *e. Emergency response team within facility
- Yes No *f. Call 911
- Yes No *g. Other:

*5) Describe process to ensure that all persons assisting with the research are adequately informed about the protocol and their related duties and functions:

The PI and co-investigators have reviewed the study protocol prior to submission for COMIRB approval. Once approved, all investigators will review the protocol and additional changes to study protocol as needed prior to data collection. The PI is responsible for data collection. All investigators will review the data analysis and contribute to reporting the outcomes of the study.

*6) Will other medical or psychological resources be required as a consequence of the research? (include referral plans for newly identified diagnoses, suicidal ideation, or problem behaviors [e.g., EtOH abuse])
 Yes No

R. Conflict of Interest

The following is based on the UCD Definition of Conflict of Interest:

- *1) Have all investigators and coordinators listed on this application completed and submitted a UCD COI disclosure form to the UCD COI office?
This applies to affiliate investigators even if they have submitted a COI declaration in accordance with their institutional policy.

[The requisite form for UCD can be found at:

<http://www.ucdenver.edu/academics/research/AboutUs/regcomp/Pages/Regulatory-Compliance.aspx>]

Yes No

- *2) Are there any Conflicts of Interest issues to be disclosed for the investigators? Yes No

[UCD Definition of Conflict of Interest](#)

[Conflict of Interest Management](#)

Protocol

Protocol

Protocol #: 12-1149

Chomicki, Jacqueline Rose

PI: Full Name Chomicki, Jacqueline Rose

Project Title:

Evaluation of the incidence of hyperkalemia in patients prescribed spironolactone for the treatment of resistant hypertension

*Version Date: 05-Sep-2012

Minimal Risk:

[Definition of Minimal Risk](#)

To Qualify for expedited review, the research Must Be No More Than Minimal Risk.

Does the study involve any of the following:

- *1. Research Involving Prisoners as subjects..... Yes No
- *2. Research that includes genetic testing with direct or indirect identifiers..... Yes No
- *3. Research involving major deception (see Attachment N: Deception)..... Yes No

[Major Deception:](#) Mislead subjects about their health status, the researchers, or the research purpose.

[Minor Deception:](#) Incomplete disclosure of some purpose of the study to avoid biasing the results.

- *4. Research involving consent via proxy..... Yes No
- *5. Research involving emergency waiver of consent..... Yes No
- *6. Classified research involving research subjects..... Yes No
- *7. Requests for non-significant risk determination for devices..... Yes No
- *8. Prospectively validating greater than minimal risk medical care..... Yes No
- *9. Do any of the investigators have any Conflict of Interests to be disclosed? Yes No
- *10. Identification of subjects or their responses will reasonably place them at risk of criminal or civil liability or be damaging to their financial standing, employability, insurability, reputation, or be stigmatizing..... Yes No

Expedited Research Categories

Instructions:

If the research does not fit any of the categories below, it must be reviewed at full board review even if it is minimal risk.

Check all of the following categories that apply to this research. More than one category may be checked.

Category 1

- Clinical studies of drugs and medical devices only when conditions (a) OR (b) is met:
- Research on drugs for which an investigational new drug application (21 CFR Part 312) is not required. (Note: Research on marketed drugs that significantly increases the risks or decreases the acceptability of the risk associated with the use of the product is not eligible for expedited review.)
 - Research of medical devices for which
 - an investigational device exemption application (21 CFR Part 812) is not required; OR
 - the medical device is cleared/approved for marketing and the medical device is being used in accordance with its cleared/approved labeling.

Category 2

- Collection of blood samples by finger stick, heel stick, ear stick, or venipuncture as follows:
- from healthy, non-pregnant adults who weigh at least 110 pounds. For these subjects, the amounts drawn may not exceed 550 ml in an 8 week period and collection may not occur more frequently than 2 times per week; OR
 - from other adults and children considering the age, weight and health of the subjects, the collection procedure, the amount of blood to be collected, and the frequency with which it will be collected. For these subjects, the amount may not exceed the LESSER of 50 ml or 3ml per kilogram in an 8 week period and collection may not occur more frequently than 2 times per week.

Category 3

- Prospective collection of biological specimens for research purposes by noninvasive means.

Examples:

- hair and nail clippings in a nondisfiguring manner.
- deciduous teeth at time of exfoliation or if routine patient care indicates a need for extraction.
- permanent teeth if routine patient care indicates a need for extraction.
- excreta and external secretions (including sweat).
- uncannulated saliva collected either in an unstimulated fashion or stimulated by chewing gumbase or wax or applying a dilute citric solution to the tongue.
- placenta removed at delivery.
- amniotic fluid obtained at the time of rupture of the membrane prior to or during labor.
- supra- and subgingival dental plaque and calculus provided the collection procedure is not more invasive than routine prophylactic scaling of the teeth and the process is accomplished in accordance with accepted prophylactic techniques.
- mucosal and skin cells collected by buccal scraping or swab, skin swab, or mouth washings.
- sputum collected after saline mist nebulization.

Category 4

Collection of data through noninvasive procedures (not involving general anesthesia or sedation) routinely employed in clinical practice, excluding procedures involving x-rays or microwaves. Where medical devices are employed, they must be cleared/approved for marketing. (Studies intended to evaluate the safety and effectiveness of the medical device are not generally eligible for expedited review, including studies of cleared medical devices for new indications.)

-

Examples:

- physical sensors that are applied either to the surface of the body or at a distance and do not involve input of significant amounts of energy into the subject or an invasion of the subjects' privacy
- weighing or testing sensory acuity.
- magnetic resonance imaging.
- electrocardiography, electroencephalography, thermography, detection of naturally occurring radioactivity, electroretinography, ultrasound, diagnostic infrared imaging, doppler blood flow, and echocardiography
- moderate exercise, muscular strength testing, body composition assessment, and flexibility testing where appropriate given the age, weight, and health of the individual.

Category 5

Research involving materials (data, documents, records, or specimens) that have been collected, or will be collected, solely for non-research purposes (such as medical treatment or diagnosis). (Note: Some research in this category may be exempt from HHS Regulations for the protections of human subjects. [45 CFR 46.101\(b\)\(4\)](#). This listing refers only to research that is not exempt.)



Category 6

- Collection of data from voice, video, digital, or image recordings made for research purposes.

Category 7

Research on individual or group characteristics or behavior (including but not limited to research on perception, cognition, motivation, identity, language, communication, cultural beliefs or practices, and social behavior) or research employing survey, interview, oral history, focus group, program evaluation, human factors evaluation, or quality assurance methodologies. (Note: Some research in this category may be exempt from the HHS regulations for the protection of human subjects. [45 CFR 46.101\(b\)\(2\)](#) and (b)(3). This listing



refers only to research that is not exempt.)

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Protocol

COMIRB #: 12-1149

Principal Investigator:

Protocol Title:

Evaluation of the incidence of hyperkalemia in patients prescribed spironolactone for the treatment of resistant hypertension

*Version Date: 05-Sep-2012

Except as provided below, written documentation of informed consent that embodies all the required elements of informed consent, as described in 45 CFR 46.116 is required for all research subjects.

A Full Waiver is not an option if the study is subject to FDA Regulations unless the study meets the exemption criteria as defined by the FDA.

With sufficient justification, the IRB may approve a consent process that does not include or alters some or all of the elements of informed consent, provided that it finds and documents specific requirements. If requesting a waiver of consent, justify such in accordance with the following four criteria established under 45 CFR 46.116(d) (1-4) or 45 CFR 46.117(c) (1 or 2).

The research must involve no more than minimal risk to the subjects.

Minimal risk means that the probability and magnitude of harm or discomfort anticipated in the research are not greater in and of themselves than those ordinarily encountered in daily life or during the performance of routine physical or psychological examinations or tests.

If Subject to HIPAA regulations and requesting a full or partial waiver, you will need to complete [Attachment O - Waiver or HIPAA Authorization](#)

Type of Waiver being Requested

Select the type of waiver being requested (more than 1 may be chosen):

Yes No *Full Waiver

Yes No *Partial Waiver (screening/recruitment purposes or for deception)

Yes No *Waiver of Written Documentation (i.e., verbal consent)

A. Full or Partial Waiver:

If requesting a waiver or alteration from the requirements for obtaining informed consent, justify such in accordance with all of the criteria established under 45 CFR 46.116(d) (1-4). **This is not an option if the study is subject to FDA regulation.**

1. Explain why the proposed waiver poses minimal risk to the subjects:

Because this study involves a retrospective chart review it meets the criteria for minimal risk and will not adversely affect the rights of the subjects. There will be no intervention performed on patients or on their behalf and no patient-specific identifiers will be present in any publication or presentation of the data.

2. Explain why the waiver or alteration will not adversely affect the rights and welfare of the subjects:

The waiver will not adversely affect the rights and welfare of the subjects as this will be a retrospective chart review. No interventions will be performed on patients or on their behalf. The analysis of data does not change patient care. No patient-specific identifiers will be present in any publication or presentation of the data.

3. Explain why the research could not practicably be carried out without the waiver or alteration (*note: a survey can still provide subjects with elements of consent in writing; see postcard consent template on the COMIRB website*):

This research is a retrospective chart review. In many cases, the patient may no longer be contactable (i.e. no current address, no current phone number), making it extremely difficult and even impossible to get their consent for participation in this chart review.

4. Once subjects have completed the study, will an information sheet be given to, or other debriefing be done with, the subject?

Explain:

No. There will be no active subject participation in this study as it is a retrospective review. It is an observational study that will make no interventions or alterations to a patient's treatment course. Therefore it will be unnecessary to provide subjects with additional information.

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Protocol

COMIRB #: 12-1149

Principal Investigator: [Chomicki, Jacqueline Rose](#)

Protocol Title:

Evaluation of the incidence of hyperkalemia in patients prescribed spironolactone for the treatment of resistant hypertension

*Version Date: 05-Sep-2012

*This request is for: Full Waiver

1) Check the protected health information (PHI) that will be collected or accessed* for this project:

*If the research includes looking at medical records or some other form of PHI, this is considered to be accessing PHI, regardless of whether this information is being recorded.

- Names/Initials
- Telephone numbers
- Fax numbers
- Electronic mail addresses
- All dates (except year) that are directly related to an individual (Date of birth, discharge date)*
- Social security numbers
- Medical record numbers
- Health plan beneficiary numbers
- Account numbers
- URLs (http://...)
- Vehicle identifiers and serial numbers
- Certificate/license numbers
- Device identifiers and serial numbers
- Biometric identifiers (including finger and voice prints)
- Full face photographic images and any comparable images
- IP address numbers
- Geographic subdivisions smaller than a state
- Any other unique identifying number, characteristic or code

*For all subjects over 89 years, all elements of dates including year that are indicative of their age cannot be used

*2) Describe what health information will be recorded under this waiver:

Medical record numbers (MRNs) will be recorded to identify patients prescribed spironolactone for the management of resistant hypertension. MRNs will be destroyed after the chart is reviewed.

3) Criteria to justify HIPAA waiver:

*a. Is it possible or likely that the PHI collected under this waiver will contain information that puts the subject at risk for civil or criminal liability, or that could be damaging to a subjects financial standing, employability, or reputation?

Yes No

*b. Is there a plan to destroy the identifiers as soon as possible? Yes No

*i. If YES, describe:

A list of MRNs will be generated for patients included in this study. Once the MRNs have been used to identify patient charts and data has been gathered in the protocol application, the list of MRNs will be destroyed per hospital policy by placing the list in a shred bin.

*c. Will the PHI be disclosed to parties outside of the research institution? Yes No

*4. Is there more than minimal risk to privacy? Yes No

*5. Will a signed informed consent document be obtained? Yes No

*6. Could this research be done without the HIPAA waiver? Yes No

Please explain:

Care has already been provided to the patients. Also, some of these patients could be lost to follow-up.

Appendix 1

EForm Name: Application for Protocol Review (FB/Exped)

Page: Page 3

Section: Section F(c): COMIRB Requested Attachments

Question: [Billing Information Form](#)

File Name: COMIRB-Billing-Form.docx

IRB Review Fee Billing Form

Protocol Number: 12-1149

NOTE: Payment of the IRB Review Fee is due at time of Protocol Submission. You must complete the information below and submit one (1) IRB Review Fee Billing Form with each initial Expedited and Full Board protocol submission.

An IRB Review fee is charged for initial and annual continuing full board review and initial expedited review of non-federally sponsored research and for research awards administered by affiliated institutions. FOR THE FULL FEE POLICY AND FEE WAIVER APPLICATION, PLEASE SEE THE COMIRB WEBSITE AT <http://www.ucdenver.edu/academics/research/AboutUs/comirb/Pages/COMIRBFees.aspx>

1. Type of IRB Review I am Requesting (check only one):

- Full Board Initial Review Expedited Initial Review
- Full Board Continuing Review Expedited continuing Review, no fee.

2. Method of payment selected is based upon the Grantee Institution. YOU MUST DESIGNATE AND COMPLETE ONE OF THE FOLLOWING OPTIONS (check only one):

- UCD, AMC/UCH: Provide Speed Type _____
- CHC
- DHHA
- DVAMC
- CPC and Others: Submit check payable to COMIRB with submission packet

OR, PAYMENT IS NOT INCLUDED BECAUSE:

- This is a federally funded study granted to University of Colorado Denver, Anschutz Medical Center - (No Fee & No Fee Waiver Required)
- Downtown Denver Campus (DDC) is the performance site – (No Fee & No Fee Waiver Required)
- I am requesting waiver of the IRB review fee and have attached a completed COMIRB Fee Waiver/Reduction Application containing two (2) signatures for consideration for the following reason(s):
 - This is a Student Project Without Funding
 - This is an investigator-initiated Study Without Funding
 - This is a Pilot Study Without Funding
 - This is a Foundation-funded study with limited funding of only \$ _____
 - Other _____

Note: If Billing Information is Incomplete, the Protocol Review Cannot Be Processed!

Appendix 2

EForm Name: Application for Protocol Review (FB/Exped)

Page: Page 3

Section: Section F(d): UCH Requested Attachments

Question: Preliminary Budget or Budget Template

File Name: Preliminary-Budget-Form.doc

Preliminary Budget

Protocol Number: 12-1149

This is a retrospective chart review.

The budget for this study is \$0.00